

WARREN COUNTY HEALTH MATTERS LUNCHEON

Topic: The Benefits of Wellness Activities!

(Massage, Personal Trainers, Group Exercise,
Yoga, Range of Motion)

Speakers: Luminesce Wellness Center Staff



Monday, November 5, 2012

12:00-1:00 PM

WARREN COUNTY HEALTH DEPARTMENT/EOC
101 Mockingbird Lane, Ste 100, Warrenton

A Healthy Lunch will be served (\$3 donations is suggested)

☺ **RSVP BY THURSDAY November 1, 2012** ☺

BY CALLING 636-456-7474 OR Email pprivett@warrencountymo.org